



**SEDBERGH SCHOOL &  
CASTERTON, SEDBERGH PREP SCHOOL**

<b>Alcohol and Tobacco Policy</b>	
Version	2016.3
Effective from	July 2016
Extent of Policy	Sedbergh Senior School Sedbergh Prep School
Policy Owner	Deputy Head (Pastoral)
Governor	Gill Sykes
Review by	July 2017
Frequency of Audit	Annual
Circulation	Parents by request
Publication	Teaching Staff Handbook Website

We have extensive health education and PSHE programmes at Sedbergh School and CSPS that focus upon the potential risks from excessive consumption of alcohol and risks of smoking. They concentrate on teaching the importance of young people making healthy, informed choices. The programmes involve pupils of all ages and continue throughout your child's time at the school. They extend across the curriculum, involving PSHE, Science and Drama lessons. We also have Assemblies on the topic, and from time to time make use of visiting lecturers to cover the serious risks from abuse of alcohol, tobacco and illegal substances. (Please refer to our separate policy on drugs and drug testing.)

Our Medical staff play an active role in promoting greater awareness about the risks involved, and will offer informed medical advice. Pupils can discuss their individual worries about drinking and smoking with their Housemaster/Housemistress, Tutor or Matron. They can also refer themselves to the Medical Staff and to the Independent Listener for individual guidance, without fearing sanctions or adverse report. We may invite groups of parents and

guardians to discussion groups and meetings, and are very conscious of the importance of working together in order to promote the well-being of your son or daughter.

We do not allow the pupils at Sedbergh School and CSPA to bring alcohol or tobacco onto the premises, or to consume either substance on the journey to or from School. Pupils are forbidden to visit pubs or bars unless accompanied by their parent(s) or guardian or with the express permission of their Housemaster/ Housemistress. The purchase, use or possession of smoking materials and alcohol are forbidden. This rule applies to all School trips and visits, whether in this country or overseas, irrespective of whether or not pupils are wearing School uniform at the time. Sedbergh School is a public place; smoking is therefore illegal for everyone, including staff and visitors, unless in a designated area.

We will offer beer & wine to parents and guardians at certain formal events, including plays and concerts to which they are invited. We believe that pupils in their final two years at the School should learn that the moderate consumption of alcohol has its place in our civilisation. We therefore offer limited quantities of wine and beer (but never spirits) to members of Years 12 and 13 whose parents have returned a signed the permission slip. Such events are always supervised by staff and soft drinks are always available. Younger pupils are not allowed alcohol. Pupils who may appear to be in an intoxicated condition may be asked to provide a breath sample to determine the level of alcohol. This will be performed using a properly calibrated alcometer.

### **Sixth Form Bar**

The Bar is supervised and is open on Saturday evenings from 8.00pm until 10.00pm, for use by members of the Sixth Form whose parents have returned a signed membership form for their sons and daughters to use the sixth form bar. The Sixth Form Bar membership form is included in the 'Forms' folders of the Parent Handbook on the school website and should be returned to the pupils Housemaster or Housemistress before the start of term. Lower sixth pupils are allowed two pints of beer, lager, cider or two glasses of wine. Upper sixth pupils are allowed three pints of beer, lager, cider or three glasses of wine.

### **Visiting licensed premises on Saturdays**

Pupils may visit licensed premises with their parents after 5.30pm on a Saturday if they have permission from their Housemaster/ Housemistress in the form of a 'leave out' (red) card. Pupils must report to their Housemaster/mistress within 10 minutes of leaving licensed premises; and all such premises are to be vacated by 7.30pm. Uniform must be worn at all times.

In exceptional circumstances, a Housemaster/mistress may allow a pupil to visit licensed premises with the parents of another pupil. In such circumstances, pupils must have permission in the form of a red card from his or her Housemaster/mistress. The guest is the responsibility of the parent at all times and the above rules apply.

**In all circumstances, the Law of the land must be observed.**

## **Sanctions**

- Pupils caught breaching these guidelines on alcohol can expect appropriate sanctions to be applied. Pupils who drink excess alcohol can also expect to lose the right to visit Public Houses and/or the sixth form bar in future.
- Any pupil caught smoking will be put in the following Saturday night detention.

A pupil may be referred for a session of counselling where we have reason to believe that he or she has issues with either alcohol or tobacco, for example, where there are repeated infringements.

**The School's policy on the use of licensed premises also applies to Exeats taken in Sedbergh.**

GUN  
July 2016

**Action Point:**

<b>UNDERTAKING</b>	<b>BY WHOM</b>
Housemasters should ensure that all 6 <sup>th</sup> Form Pupils intending to consume alcohol at the 6 <sup>th</sup> Form Bar have a completed membership form which can be obtained from the Parent Handbook.	HSMs

To parents of pupils entering the Sixth Form



**Membership form for Sixth form pupils to use Queen's Hall Bar**

Permission is given for my son/daughter to use the facilities and consume alcoholic drink in accordance with the School's rules and regulations.

Name of Pupil [please print] \_\_\_\_\_ House \_\_\_\_\_

Name/Signature of Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

By ticking or signing and returning this form to us you are confirming that you wish to be bound by its contents

PLEASE RETURN THIS FORM TO YOUR CHILD'S HOUSEMASTER/MISTRESS BY THE BEGINNING OF TERM.