

This Week's Results

w.e 22nd January, 2012

SJS Netball Tour to Edinburgh January 2012

U13 A v Fettes W 16-2

U3 B v Fettes L 14-13

U13A v Loretto U14A W 7-4

U13B v Loretto U14B W 5-4

The girls set off with enthusiasm, the only disappointment being that Hope Webster was poorly and unable to make the complete set of Y7 and 8 girls! Our arrival at Fettes without our usual navigational problems through the city centre, gave the girls plenty of time to warm up and shake off their long bus journey. The B team were playing with real confidence and were leading 13-8 as they went into the final quarter so were disappointed to lose the game 14-13. They became erratic when Fettes pulled back a few goals and were never really able to regain their composure. However, lessons can always be learned and it was most impressive that the girls turned the situation around the following day, beating an older (and much taller) team 5-4 with a great last minute goal from Marissa who was awarded player of the match. The girls all worked hard in both games, and it is difficult to single out individuals as there were some very promising performances. Lara Burch is gaining confidence all the time and Victoria Bailey and Marissa Holcroft both shot well. Nicola Medcalf was called upon to move up to the A team when Tabitha Holdsworth injured herself and confirmed just how much she has improved since September.

The A team had a great tour and were completely in control of the match against Fettes. All the girls played well but on this occasion the defence (Tabitha Holdsworth and Rebecca Holliday) were particularly strong, with Tabitha being awarded player of the match. It was really good to see the girls using the space so well and there was good work in the circle between Amy Mahon and Kate Russell. The centre court players of Sophie Marshall, Candice Dobson and Pollyanna Bell played with real confidence and the team as a whole are showing real promise. The match against Loretto was outside and it took the girls a while to adjust to the wet and windy conditions and use shorter and safer passes. However, the final result of 7-4 completed their success and all the party headed into Edinburgh for the final stage of the tour – lunch at the Hard Rock and a trip to Jack Wills!

The girls were great fun, enjoying both the netball and social side of the tour. The waiters in both restaurants commented upon their good manners and they were excellent ambassadors for SJS. Mrs Dobbs and I really enjoyed their company. **JR**

Saturday 21st January, 2012

Outstanding Performances from SJS Runners at County Championships

8 SJS runners competed at the Cumbria Cross-Country Championships on Saturday at Cartmel Racecourse. Christina Peart was the only girl representative from SJS, due to the older girls being on netball tour. Despite feeling a little under the weather, Christina ran well to finish 14th. The boys Under 11 race had a poor turnout of runners from some of the other districts, but it made no difference to the performance of Chris Park-Johnson, who won easily to be crowned county champion. Chris has raced 3 times in 5 days, winning twice and finishing second in the other, not a bad weeks work! Gabriel Connolly has not had much press for his performances of late, but his 6th place in the race showed just how good he is.

The Year 7 race had a much stronger field, and Josh Hodge had his best run, to date, to finish an excellent second, leaving some quality athletes in his wake. Richard Burns did not disappoint in 8th and Will Taylor continues to improve, finishing 21st. Two Year 8s from SJS took part in the Junior Boys race, which includes Year 9s. Man of the moment, Joe Bird, found the pace at the front a little bit too hot to handle, but still came home a very creditable 6th. Harry Heathcote showed great fight in the same race to finish 19th. Races have come thick and fast since the start of term, and it has been wonderful to see so many outstanding performances in each competition. The next outing is on Thursday, when Sedbergh host the Rawthey Run.

Under 9 Soccer v Aysgarth

SJS Under 9Bs had a terrific soccer match against Aysgarth on Saturday. Some of the boys had never played a competitive game of soccer before, but they got stuck in from the outset. Ché Ashton was impressive in midfield, and Charlie Roper had a great game as goalkeeper. Aysgarth won the game 3-0, but the boys could be very proud of their efforts. **(3-0 Loss)**

The A team played straight after, and honours were shared in a 1-1 draw. Will Mullins scored an excellent goal at the beginning of the second half, and it looked like they were going to hold out, until Aysgarth pulled level in the last couple of minutes. Charlie Hill,

Kes Selby-Boddy, Lewis Garnett, Louis Gunning, Peter Thomas and Mullins all played well in a good team performance. It bodes well for the remaining soccer fixtures. **(1-1 Draw)**

RTG

Wednesday 18th January, 2012

Giggleswick Cross Country Catteral Shield

A muddy course at Giggleswick was in stark contrast to the frozen conditions of the day before for the annual Catteral Shield Cross Country Competition. Sedbergh runners adapted to the conditions with aplomb. The day got off to a great start with Chris Park-Johnson continuing his form from Tuesday to finish 2nd in a large U11 field. He was ably supported by Gabriel Connolly (10), Will Mullins (15), Jack Roper (34) and Harry Hampsey-Cook (50). They thoroughly deserved their 2nd place in the team competition. The U11 girls team took to the start next, and got stuck in and kept going throughout. Lucy Bailey (13) led the way, with Christina Peart (28), Jessica Bailey (29), Maddy Harrison (34) and Henrietta Cropper (37). The Under 13 girls were unlucky not to make the top 3 teams due to some plucky performances. Rebecca Holliday (6) again led the way, and the girls bunched well with Tabitha Holdsworth (16), Victoria Bailey (19), Sally Bennett (23) and Pollyanna Bell (29). Joe Bird continued his rich vein of form, in the Under 13 boys, to come home in first place. Josh Hodge (4), Harry Heathcote (6), Richard Burns (7) and Luke Worrall-Thomson (10) showed what a talented bunch of runners they are, and it was no surprise when they won the team prize comfortably. To have all 5 runners in the top 10 is a fantastic achievement. RTG

Tuesday 17th January, 2012

South Lakeland Cross Country Trials

Sedbergh School hosted the South Lakeland District Cross-Country Trials on Tuesday for primary aged children. An astonishing 215 children took part in the two races, with 20 schools represented. Lucy Bailey was first SJS finisher in the girls race, coming in an impressive 9th. Christina Peart closely followed her in 14th, but it was the close proximity of all the SJS runners that stood out. Out of a field of 97, Maddy Harrison (26), Henrietta Cropper (30), Emily Foster (39), Jessica Bailey (40), Ella Seymour (42) and Emilia Page (43) all finished in the top half of the field. It was no surprise that the girls finished 4th team, behind Sedbergh Primary, Ghyllside and St. Mary's. Chris Park-Johnson had a storming run in the boys race, coming home an excellent first against some very useful opposition. Chris has had some fine runs over the past couple of years, but this was the icing on the cake. Gabriel Connolly (5) continued his gradual improvement over the country, and Will Mullins (14) showed what a precocious talent he is for a Year 4 boy. Lewis Garnett (31), Geordan Moss (36), Harry Hampsey-Cook (40), Tristan Duncan (45) and Kes Selby-Boddy (67) completed the SJS runners. The day finished perfectly when the boys were named winners of the team prize ahead of Staveley and Sedbergh Primary. The event ran smoothly, and everyone went home happy having witnessed so many young people enjoying themselves, running a tough cross-country course, in such a beautiful setting. RTG