



**SEDBERGH  
SCHOOL**

**2023-2024**

**Founded 1525**

# CONTENTS

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	Page
School Mission Statement	2
Governing Body	3
Academic Staff	4-6
Year Group Heads	6
Music Department	7
Administrative & Operational Staff	8
Technical Assistants	9
Medical Centre	9
School Prefects	9
Classrooms	10-11
General Table of Times	12-13
Pupils Visits to Other Houses	14
The Sixth Form & Careers Department	14
Combined Cadet Force	15
Games	16-18
Expeditions	19
Adventure Activities	19
Societies	20
Miscellaneous	21-22
Other Appointments	23-24
School Rules	25-28
Uniform Rules	29-30
Parent Teacher Meetings	31
Report Schedule	31
Rewards and Sanctions	32-35
Presentation of Work	35
Electronic Media	36
Term Dates	37
Worries or Complaints	38-41
Complaints Procedure	41
Bullying	42-43
School Chapel	44
Boarding Principles	44
Houses	45-47
Contact Details for Houses	48
Key Contact Details	49
Winder	50
The Long Run	51

# SCHOOL MISSION STATEMENT

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## SCHOOL MISSION STATEMENT

To nurture each Sedberghian so that they realise their full potential in a unique and rigorous environment of excellence, characterised by committed endeavour, moral purpose and integrity of contribution.

The School will:

1. Identify and develop the potential of its pupils in a variety of areas: academic, artistic, cultural, sporting, personal, social and spiritual; secondly, help them to obtain the best possible qualification; thirdly, prepare them for the opportunities, responsibilities and experiences of life;
2. Provide a welcoming, friendly and supportive environment which recognises the worth of each individual within the collective boarding atmosphere of the School;
3. Provide a fulfilling working environment for its staff, both teaching and non-teaching, and encourage their development;
4. Liaise closely with the parents of its pupils and encourage them to share in the life of the School and the House.

# THE GOVERNING BODY

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## Chairman of Governors

Mr R J Gledhill, MA (Cantab), ACA

**Ex Officio:** A Representative of The Most Revd  
& Rt Hon The Lord Archbishop of York  
*[The Revd M D Ineson, BEng (Birm), BA (Bristol), MA (Bristol)]*

**Co-optative:** Mr A J N Bedford, BA (North Carolina)  
Mr R R Biggs, BSc (Cape Town), MA (Oxon)  
Mr J D Campbell, OBE, FRSA  
Mr T J Davies, BSc (Newcastle)  
Mr I W Durrans BA (Oxon), ACA, ICAEW  
Lt Gen Sir Andrew Gregory, KBE, CB, DL, MA (Cantab)  
Mrs K E Martin, BA (Northumbria), PGCE  
Professor J Mennell, BSc (Leeds), DL  
Mr R N Papworth, BA (Oxon)  
Mr M R Piercy, BA (Leicester)  
Mr J H B Warburton-Lee

**Chief Operating Officer  
& Clerk to the Governors:** Mr P S Marshall, TD

# ACADEMIC STAFF

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## Headmaster

Mr D J Harrison, MA (Cantab)

## Senior Deputy Head

Mr C D Gunning, BEd (Manchester Met), MEd (Buckingham) [*Head of Chemistry*]

## Senior Deputy Head (Pastoral)

Dr J M Burns, BA Hons (Dunelm), PhD (Dunelm) [*MFL*]

## Deputy Head (Academic)

Mrs A B Stubbs, BA Hons, (Birmingham), MA (Open University) [*Geography*]

## School Chaplain

The Revd P L Sweeting, BSc (Lancaster), BA (Dunelm) [*Religious Studies*]

## Teaching Staff

Mr J R D Morgan, BA (Lancaster)	[ <i>Geography &amp; History</i> ]
Mr H R Davies, BSc (Cardiff)	[ <i>Mathematics</i> ]
Mrs C M Morgan, BSc (Dundee)	[ <i>Head of Mathematics</i> ]
Mrs A P Kennedy, BA (Norwich School of Art & Design)	[ <i>Art, Graphics &amp; Digital Media</i> ]
Mrs H J Christy, BEd (Reading), MA (Buckingham)	[ <i>EAL</i> ]
Mr C P Mahon, BSc (Roehampton)	[ <i>Physical Education</i> ]
Mrs P J F Prall, BA (Bristol)	[ <i>History &amp; Counter Bullying Officer</i> ]
Mrs C S Hall, BSc (York)	[ <i>Mathematics</i> ]
Mrs G E Parry, BA (London)	[ <i>English</i> ]
Mr J H Seymour, BA (Dunelm), LTCL, PGDipTh	[ <i>Director of Creative Arts</i> ]
Miss R C Holmes, BSc (Hull)	[ <i>Physics</i> ]
Mr S W Oliver, BA (Leeds Carnegie)	[ <i>Director of Sport &amp; Extra-Curricular Activities</i> ]
Mr S R Arnold, BA (Brunel)	[ <i>Head of Design</i> ]
Mr C F J Allinson, BA (Southampton), MMus (Southampton)	[ <i>Director of Music</i> ]
Dr G J Downes, BA, MA (Wales), PhD (St Andrews)	[ <i>Head of English</i> ]
Mr M J Appleton, BEng (Exon)	[ <i>Head of Physics</i> ]
Miss C Bettney, BSc (Swansea), TESOL (Cambridge)	[ <i>Head of EAL</i> ]
Mrs L Blackwell, BEd (Leeds)	[ <i>LAMDA</i> ]
Mrs T A Gunning, BA (Southampton)	[ <i>Business Studies</i> ]
Mrs J M Macdonald, BSc (Dunelm)	[ <i>Chemistry</i> ]
Dr A McMeechan, MSc (Glasgow), PhD (Bristol)	[ <i>Head of Science &amp; Biology</i> ]
Miss H L Rowland, BA (Nottingham)	[ <i>Geography</i> ]
Dr A D P Worgan, BSc (Bangor), MSc (Bangor), PhD (L'pool John Moores)	[ <i>Chemistry</i> ]
Mr D I Lewis, BSc (Lancaster)	[ <i>Mathematics</i> ]
Mrs C J Want, BA (Newcastle)	[ <i>Head of Performance Drama</i> ]
Mr R J Parker, BEd (Exon)	[ <i>Design Technology</i> ]
Mrs A L Killgren, BA (Warwick)	[ <i>English</i> ]

## ACADEMIC STAFF

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Mr P C Lucas, BSc (Cardiff), CPsychol	<i>[Head of Psychology]</i>
Mr S Mulholland	<i>[Head of Boys' Games &amp; 1<sup>st</sup> XV Coach]</i>
Ms L E Bolton, BA (Manchester Met), MBA	<i>[Head of Art]</i>
Mr P J E Coke, BSc (Brunel)	<i>[Head of Physical Education]</i>
Mrs E A Lewis	<i>[Agriculture]</i>
Miss S J Pittman, BA (Cumbria)	<i>[Design Technology]</i>
Mrs H E Fletcher, BA (Newcastle)	<i>[Head of Religious Studies &amp; Head of PHSE]</i>
Mr R N D Follett, BA (Liverpool), MA (Buckingham)	<i>[Head of History]</i>
Mrs S L Lucas, BSc (Derby)	<i>[Psychology]</i>
Mr R S Wells, BSc (St Andrews), MSc (City/Athens)	<i>[Science]</i>
Mrs A Bauset-Benavent, MA (Valencia)	<i>[Modern Foreign Languages]</i>
Mr A J Hurst, BSc (Surrey)	<i>[Biology]</i>
Mrs J E C Hurst, BSc (St Andrews)	<i>[Biology]</i>
Dr E M McGowan, MGeol (Leicester), PhD (Lancaster)	<i>[Head of Geology]</i>
Mr T M Robinson, MA (Dunelm)	<i>[Head of Economics &amp; Business]</i>
Mr D Seddon-Roberts, BSc (Manchester)	<i>[Mathematics]</i>
Mrs M V Duckham, BA (Rennes), MA (Caen)	<i>[Head of MFL]</i>
Mr P Mather, BSc (Lancaster), MSc (Salford)	<i>[Physics]</i>
Mr I D Winterbottom, BSc (Cardiff), MSc (Dundee)	<i>[Head of Geography &amp; Counter Bullying Officer]</i>
Mrs G J McMullen, LLB (Westminster)	<i>[Economics &amp; Business]</i>
Mr N K Davey, BA (Liverpool), MSc (UCLAN)	<i>[Physical Education &amp; Director of Hockey]</i>
Mr R C Davis, BA (Bristol), MLitt (St Andrews)	<i>[History]</i>
Mrs L J Elliston, PGCert (SpLD) Dyslexia, NASENCO	<i>[Head of Learning Support]</i>
Mrs N Mladek BSc (Glasgow)	<i>[Religious Studies &amp; Learning Support]</i>
Mrs S Pye, BA (UCLAN)	<i>[Performing Arts]</i>
Mr A W Toward, BSc (Northumbria), MRes (Northumbria)	<i>[PE &amp; Biology]</i>
Mr J S Annett, BSc (Loughborough)	<i>[PE]</i>
Miss H Hartley, BA (Dunelm)	<i>[French]</i>
Miss R L Hodgson, BA (Dunelm)	<i>[Head of Classics &amp; Counter Bullying Officer]</i>
Miss D Mackenzie-Eley, MSc (Open Univ), BSc (Plymouth)	<i>[Computer Science]</i>
Miss L M Parker, BA (Cardiff)	<i>[Music]</i>
Mr G H B Roberts, BA (Warwick)	<i>[English]</i>
Mr D F Smith, BA (Edge Hill)	<i>[Religious Studies]</i>
Mr C J Swainson, BSc (Dunelm)	<i>[Physics]</i>
Mrs S E Walker, BA (Leeds)	<i>[Head of BTEC Sport]</i>
Mr O N M Barnes, BSc (Cardiff)	<i>[Geography]</i>
Mrs A C Lawrence Bell, BA (Cantab), MA (Manchester)	<i>[Art/Photography]</i>
Miss S D Jennings-Adams, BSc (UCLAN)	<i>[Maths]</i>
Mr J E Milburn, BA (Keele)	<i>[Business Studies]</i>
Miss J L Stanworth	<i>[Learning Support]</i>
Mr A Stubbs, BSc (Exon)	<i>[Learning Support]</i>
Miss M van Diepen, BSc (Dunelm)	<i>[Chemistry]</i>
Mr P M Wallace-Woodroffe, BA (Exon)	<i>[English]</i>
Mr J E Anyon, BSc (Loughborough)	<i>[Head of Cricket]</i>
Miss M H Ascough, BSc (Leeds Beckett)	<i>[Netball]</i>
Miss K A Heppenstall, BSc (Liverpool)	<i>[Psychology PGCE]</i>

## ACADEMIC STAFF

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Mrs Z T Holland, BA (Reading)	[Classics]
Miss J H L Malings, BSc (Loughborough)	[Assistant Director of Sport]
Mr A X Marcus	[Spanish]
Mr T Molnar, MA (Aberdeen)	[English]
Mr M Perryman, BA (Nottingham)	[History PGCE]
Miss L E Taylor, BA (Cumbria)	[Learning Support]
Miss S Taylor, (Cumbria)	[Business Studies]
Mr A H J A Hart, BSc (Open University)	[GAP]
Mr L E Higham, BSc (Leeds Beckett)	[GAP]
Miss A Jarapal, BA (Government Women's College, Trivandrum) MSc (Leeds Beckett)	[GAP]
Mr M Morgan, BA (Leeds Beckett)	[GAP]
Mr L J Smith, BA (Edinburgh)	[GAP]
Mr O R Thomas, BSc (Wales)	[GAP]
Miss K C Thompson, BSc (Nottingham Trent)	[GAP]
Miss L R Umaga, BSc (Leeds Beckett)	[GAP]

### Housemasters/mistresses

<i>Carus House</i>	Mrs Tracey Gunning
<i>Evans House</i>	Mr Chris Swainson
<i>Hart House</i>	Mr Iain Winterbottom
<i>Lupton House</i>	Mrs Jenny Macdonald
<i>Powell House</i>	Mr Rupert Follett
<i>Robertson House</i>	Mrs Hayley Christy
<i>School House</i>	Mr Peter Coke
<i>Sedgwick House</i>	Mr Stuart Oliver
<i>Winder House</i>	Mr Christopher Mahon

### Year Group Heads

Head of Sixth Form – Year 13	Miss H L Rowland
Head of Year 12	Mr D I Lewis
Head of Year 11	Mrs J M Macdonald
Head of Year 10	Mr D Seddon-Roberts
Head of Year 9	Mr A Stubbs

### Safeguarding

<i>Designated Safeguarding Lead</i>	Dr J M Burns
<i>Deputy Safeguarding Lead</i>	Mr C D Gunning

**Well-Being Co-ordinator** Ms D Adamson

**Librarian** Mrs G Suttle, BA (Gloucestershire)

**Archivist** Mrs K de la Rivière, MA (Glasgow), MSc (Glasgow)

# MUSIC DEPARTMENT

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## **Director of Music (Senior & Prep Schools)**

Mr C F J Allinson, BA (Soton), MMus (Soton)

## **Assistant Director of Music (Senior School)**

Miss L M Parker, BA (Cardiff)

## **Director of Creative Arts & Head of Choral Music**

Mr J H Seymour, BA (Dunelm), LTCL, PGDipTh

## **School Organist**

Mr P Noke, MA, GRNCM

## **Music Department Administrator**

Mr R Want

## **Visiting Music Teachers:**

Mrs E Alexander, GRNCM	<i>[Head of Strings]</i>
Mrs A Bleiker, BMus RNCM	<i>[Voice]</i>
Dr K Caun, MBBS, MRCP (London)	<i>[Voice]</i>
Mrs C Cope, BMus (Hons) RNCM, FRSM MA (Open)	<i>[Piano]</i>
Mrs S A Doherty, GRNCM	<i>[Piano]</i>
Mr M Giudici, Dip Conservatorio Milano, PGDip HFM Saarbrücken	<i>[Clarinet]</i>
Mr J Hutchinson, GRNCM	<i>[Brass]</i>
Miss N Kayayan, BMus, GRNCM, PGDip, MA, FRSA	<i>[Piano, Singing &amp; Aural Training]</i>
Mr M Norman, GRNCM	<i>[Percussion]</i>
Mrs A K Pearson	<i>[Harp]</i>
Mr B Robinson	<i>[Bagpipes &amp; Corps of Drums]</i>
Mr C Steele, BSc, AdvPgDipRCM	<i>[Voice]</i>
Mr D Sykes	<i>[Guitar]</i>
Mr J Woodhouse, PGDip, ALCM, AMusTCh, DipLCM, CertMusEd	<i>[Saxophone]</i>



## ADMINISTRATIVE & OPERATIONAL STAFF

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### Chief Operating Officer & Clerk to the Governors

Mr P S Marshall, TD

<b>Bursar (Operations)</b>	Mr S P Ewence, Dip NEBOSH
<b>Bursar (Compliance)</b>	Mr A Roberts
<b>Financial Controller</b>	Ms K L Engel, BA (Reading), ACA
<b>Head of IT &amp; Digital Strategy</b>	Mr M L McVoy, Soc Sci (Open), RITTech, MBCS, MCCT
<b>H R Manager</b>	Mrs S Parkhouse
<b>Estates Project Manager</b>	Mr G R Dugdale, BEng (UCLAN), MBIFM
<b>Chef Manager</b>	Mr A N Beaumont
<b>PA to the Headmaster</b>	Mrs A J Dearden, BA (De Montfort)
<b>PA to the COO</b>	Mrs J Potter
<b>PA to the Bursars</b>	Mrs J S Stirzaker
<b>(Operations &amp; Compliance)</b>	
<b>School Clerk</b>	Mrs M H McVoy, BSc (Newcastle), PGDSBA
<b>School Secretary</b>	Mrs O A Malpass

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## COMMERCIAL TRADING

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<b>Development Director (International)</b>	Mrs C L DeGroote, BA (Notts Trent)
<b>Business Development Director</b>	Mrs N A Millington, BA (Leeds)

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## PROFESSIONAL SERVICES

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<b>Director of Admissions</b>	Mrs A J Ferguson, BA (Exon)
<b>Director of Marketing &amp; International Relations</b>	Mr D Milner, BA (Northumbria)
<b>International Registrar</b>	Miss C Ritchie, BA (Manchester Met)
<b>Foundation Director</b>	Mr J van der Velde, BEng (Sheffield) ACA
<b>Old Sedberghian Club Alumni Director</b>	Mr B P Collins, BA (Liverpool)

## TECHNICAL ASSISTANTS

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TBA	<i>[Biology]</i>
Dr N B J Cann	<i>[Chemistry]</i>
Mrs D Christiansen-Lee	<i>[Physics]</i>
Ms K Wilkinson	<i>[Art]</i>
Mrs B Lyon	<i>[Art]</i>
Mr W R Scarr	<i>[Design Centre]</i>
Mr A Lyon	<i>[Drama]</i>
Mr H C Wright, MSc (St Andrews)	<i>[Network Manager]</i>
Mr M Miller, BSc (Open), MBCS	<i>[Senior IT Support Technician &amp; Application Developer]</i>
Mr S Denton	<i>[Systems Infrastructure Analyst]</i>
Mr J Watts	<i>[IT Support Technician]</i>

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## MEDICAL CENTRE

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### Medical Officer

Dr W Lumb

### School Nurses

Mrs J A Mahon, BSc, RGN	Nurse Manager
Mrs R Helstrip, BSc RCN	School Nurse
Mrs G Goessens, RGN	School Nurse
Mrs H Markham, BSc RGN	School Nurse
Miss N Redfern	Medical Centre Administrator

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## SCHOOL PREFECTS 2023/2024

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<b>Head of School:</b>	O E C Ross (R)	
<b>Deputy Head of School:</b>	H F Booth (C)	
	O Fidler (P)	
<b>School Prefects:</b>	J A A Appiah-Metcalf (L)	T Z Mathias (L)
	I S Barley (R)	F O Mejule (R)
	W R Croft (S)	T A Peters (C)
	A R B Curtis (H)	B A Rucker (W)
	J A DeGroot (H)	A J Sanosi (E)
	A G Gunning (C)	J T Wilson (SH)
	G A Holmes (E)	
<b>Heads of Houses:</b>	G T Aldersley (H)	
	E W J Bousfield (SH)	P L Palmer (E)
	H C Francis (C)	M R I Peart (L)
	D M McLellan (R)	H E Peckett (P)
		A M Turner (W)

## CLASSROOMS

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### **Powell Hall Block**

*Ground Floor:*

1 Dr J M Burns  
2 Mr A X Marcus  
3 Mrs M V Duckham

*First Floor:*

4 Mrs E A Lewis  
4a Reverend P L Sweeting  
5 Mrs H E Fletcher  
6 Mr D F Smith

### **Main Teaching Block**

*Ground Floor:*

12 Mr R N D Follett  
14 Mr R C Davis  
Brampton Miss R L Hodgson  
15 Mrs P J F Prall  
LS Learning Support

*First Floor:*

20 Mr T Molnar  
21 Dr G J Downes  
22 Mrs A L Killgren  
23 Mrs G E Parry  
24 Mr J R D Morgan  
25 Mr G H B Roberts  
26 Mr I D Winterbottom  
27 Mr O M N Barnes / Mrs A Stubbs  
28 Dr E M McGowan

### **Science Block**

31 Mr C D Gunning  
32 Dr A D P Worgan  
33 Mr M J Appleton  
34 Mr C J Swainson  
35 *Physics Preparation Room*  
36 Mr P D Mather  
37 Miss R C Holmes  
38 Miss M van Diepen  
39 Mrs J M Macdonald

## CLASSROOMS

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### Mathematics/Biology Block

#### *Ground Floor*

41	Mr R S Wells
43	Mr A J Hurst
44	Dr A McMeechan
45	<i>Preparation Room</i>
46	Mrs J E C Hurst

#### *First Floor*

50A	Mrs H J Christy
50B	Miss C Bettney
51	Miss S Jennings-Adams
52	Mr H R Davies
53	Mr D I Lewis
54	Mrs C M Morgan
55	Mrs C S Hall
56	Mr D Seddon-Roberts

### Fives

F1	Mr J Milburn
F2	Mrs G J McMullen

### Baugh

B1	Mr T M Robinson
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### Band Room

BA	Mrs D Mackenzie-Eley
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### Sixth Form Centre

Q1	Ms H L Rowland
Q2	Mr P C Lucas / Mrs S L Lucas

### Danson

D1	Mr P J E Coke
D2	Mr A W Toward
D3	Mr C P Mahon
D4	Mrs S E Walker

### Sports Hall

SHC	Mr S W Oliver
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### Art, Drama and Design Centre

DC	Mr S R Arnold
DC1	Mr R Parker
DC2	Ms S Pittman
ART	Mrs L E Bolton
ART2	Mrs A P Kennedy
GC	Mrs A C Lawrence Bell
BH	Mrs C A Want / Mrs S Pye

### Guldrey Lodge

GU	Mr C F J Allinson
GU1	Mr J H Seymour

## GENERAL TABLE OF TIMES

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### Monday, Tuesday and Friday

Morning Assembly	8.05am				
Period 1	8.25am	–	9.20am		
Period 2	9.25am	–	10.20am		
Break	10.20am	–	10.55am	*Summer Timetable	
Period 3	10.55am	–	11.50am	#Winter Timetable	
Period 4	11.55am	–	12.50pm		
Lunch	1.00pm				
Period 5	2.10pm *	–	3.00pm	4.10pm #	– 5.00pm
Period 6	3.05pm *	–	3.55pm	5.05pm #	– 5.55pm
Games	4.10pm *	–	5.50pm	2.10pm #	– 3.45pm
Tea	6.00pm				
House Prayers	7.10pm				
Prep	7.15pm	–	9.15pm		

### Wednesday

Morning Assembly	8.05am		
Period 1	8.25am	–	9.20am
Period 2	9.25am	–	10.20am
Break	10.20am	–	10.55am
Period 3	10.55am	–	11.50am
Period 4	11.55am	–	12.50pm
Lunch	1.00pm		
Games	2.10pm	–	3.55pm
Tea	6.00pm		
House Prayers	7.10pm		
Prep	7.15pm	–	9.15pm

### Thursday

Morning Assembly	8.05am		
Period 1	8.25 am	–	9.20am
Period 2	9.25am	–	10.20am
Break	10.20am	–	10.55am
Period 3	10.55am	–	11.50am
Period 4	11.55am	–	12.50pm
Lunch	1.00pm		
CCF/Activities	1.45pm		
Tea	6.00pm		
House Prayers	7.10pm		
Prep	7.15pm	–	9.15pm

### Saturday

Period 1 (PHSE)	8.15 am	–	9.00am
Period 2	9.05am	–	10.00am
Break	10.05am	–	10.30am
Period 3	10.35am	–	11.30am
Period 4	11.35am	–	12.30pm
Lunch	12.30pm	–	1.55pm
Games & Activities	2.00pm	–	4.00pm
Tea	5.15pm		
House Prayers	7.10pm		

### Sunday

Chapel Service	10.15am
Lunch	12.30pm
Tea	5.15pm
House Prayers	7.10pm
Prep	7.15pm

## GENERAL TABLE OF TIMES

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### Music Times

#### Mornings

##### **Monday – Saturday**

7.50-8.20 am      Extra Music Practice (Guldrey)

##### **Sunday**

9.15-10.15 am      Chapel Choir as needed for Service

#### Afternoons

##### **Monday**

1.30-2.05 pm      Orchestra Sectionals  
(Band Room & TS)

6.25 pm            Drama Rehearsal /  
Choral Society (TS)

##### **Wednesday**

6.25 pm            Chapel Choir Sectionals  
(TS)

##### **Friday**

1.30-2.05 pm      String Orchestra (TS),  
Male Voices (Band Room)  
Girls' Choir (Guldrey)

6.25pm            Chapel Choir (Full)  
(TS/Chapel)

##### **Tuesday**

1.30-2.05          Big Band (Band Room)

6.25 pm            Concert Band (Band Room)

##### **Thursday**

6.25 pm            Teatime Concerts (TS)

##### **Sunday**

6.25 pm            Chamber Choir (Chapel)

### Art & Design Sessions

##### **Wednesday**

4.00-5.45 pm      Design Centre open

##### **Thursday**

2.00-4.00 pm      Art (as Activities)

4.00-5.45 pm      Design Centre open

##### **Saturday**

12.00-1.00 pm      Art open

2.00-5.00 pm      Design Centre open (Lent Term only)

##### **Sunday**

2.00-4.30 pm      Design Centre open

3.00-4.00 pm      Art open

### Drama Sessions

##### **Monday**

2.10-4.00/4.10-5.45 pm      Drama production  
rehearsals

##### **Wednesday**

4.15-6.00 pm      Drama Set &  
Props/Backstage

##### **Thursday**

2.00-4.00pm          Drama (as Activities)

4.15-6.00 pm          Drama production  
rehearsals

##### **Sunday**

2.00-6.00 pm          Drama production  
rehearsals

## **PUPIL VISITS TO OTHER HOUSES**

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### **Timings and Expectations**

Pupils may visit friends in other Houses as follows:

Wednesday and Thursday	4.30pm – 5.45pm
Saturday	4.00pm – 5.30pm
Sunday	2.00pm – 5.30pm

Visits can only take place outside of these hours with the permission of the Housemaster / Housemistress.

Visitors may only use designated communal areas and are expected to be polite and courteous at all times.

All visitors should sign in on arrival and out on departure.

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## **THE SIXTH FORM & CAREERS DEPARTMENT**

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<b>Miss H L Rowland</b>	Head of Sixth Form & Year 13
<b>Mr D I Lewis</b>	Deputy Head of Sixth Form & Year 12
<b>Mr P C Lucas</b>	Deputy Head of Sixth Form (Higher Education)
<b>Mr B P Collins</b>	Old Sedberghian Liaison Officer (Club Secretary)

# COMBINED CADET FORCE

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## Officer Commanding

Maj R N D Follett

**Royal Naval Section:** Sub Lt M V Duckham *[Officer in Charge]*  
Mr Barnes

**Army Section:** Maj R N D Follett *[Officer in Charge]*  
Lt J E C Hurst  
Lt I D Winterbottom  
AUO M van Diepen

**Affiliated Regiment:** The Duke of Lancaster's Regiment

**SSI:** Capt I M Christy

**Senior Cadets:** Navy: Cadet WO1 M A G Gunning (C)  
Army: Sgt B Rucker (W)  
Pipes & Drums: School Pipe Major A R B Curtis (H)  
School Drum Major: H E Peckett (P)



## GAMES

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### Director of Sport

Mr S W Oliver

<b>Rugby Football:</b>	<i>Bigside</i>	Mr S L Mulholland Mr J S Annett Mr C J Swainson Mr M W Perryman
	<i>Littleside</i>	Mr J Orr Mr R N D Follett Mr S R Arnold Mr A W Toward
	<i>Colts A</i>	Mr P J E Coke Mr H R Davies Mr J A Coulton
	<i>Colts B</i>	Mr T M Robinson Mr M Morgan Mr N Moss
	<i>Colts C</i>	Mr C P Mahon Mr O R Thomas Mr L E Higham
<b>Cricket:</b>	<i>Master i/c Cricket Coaches</i>	Mr J E Anyon Mr C P Mahon Mr S R Arnold Mr C J Swainson Mr S Mulholland Mr R N D Follett Mr A Hart
<b>Hockey:</b>	<i>Master i/c Hockey Coaches 1<sup>st</sup> Team 2<sup>nd</sup> Team 3<sup>rd</sup> Team</i>	Mr N K Davey <i>Girls:</i> Mr N K Davey Miss F Zappulla Mr J E Anyon Mr J E Milburn Miss S Jennings-Adams Mr J D R Morgan

## GAMES

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### Hockey: cont'd

<i>U16</i>	Mr J E Milburn
<i>U15A</i>	TBA
<i>U15B</i>	Mr A H Hart
<i>U14A</i>	J H L Malins
<i>U14B</i>	K C Thompson
	<i>Boys:</i>
<i>1<sup>st</sup> Team</i>	Mr J E Milburn
<i>2<sup>nd</sup> Team</i>	TBA
<i>U16</i>	Mr N K Davey
<i>U15</i>	Mr A H Hart
<i>U14</i>	Miss F Zappulla
	K C Thompson

### Netball:

<i>Mistress i/c</i>	Miss M H Ascough
<i>Netball coaches</i>	Mrs H J Christy
	Miss R L Hodgson
	Mrs A L Killgren
	Mrs N Mladek
	Miss L M Parker
	Miss L Umaga
	Miss M van Diepen
	Mrs S E Walker

## GAMES

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<b>Association Football:</b>	<i>Boys</i> <i>Girls</i>	Mr M J Appleton Mr R C Davis
<b>Athletics:</b>		Mr A W Toward
<b>Badminton:</b>		Mrs C M Morgan
<b>Basketball:</b>		Mr D I Lewis
<b>Equestrian:</b>		Mrs F E Barker
<b>Fives:</b>		Mr R N D Follett
<b>Fly Fishing:</b>		Mr S Twyford
<b>Golf:</b>		Mr S W Oliver
<b>Running:</b>		Mr R S Wells
<b>Sailing:</b>		Mr O N M Barnes
<b>Squash:</b>		TBC
<b>Swimming:</b>		Mrs J M Macdonald
<b>Target Sports:</b>	<i>Master i/c</i> <i>Fullbore Coach</i>	Mr I Christy TBC
<b>Tennis:</b>		Mrs S E Walker

## EXPEDITIONS

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**D of E Award Manager:** Miss R C Holmes

**Gold Expeditions:** Mrs G E Parry

**Silver Expeditions:** Miss R C Holmes

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## ADVENTURE ACTIVITIES

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### Director of Adventure Activities

Mrs G E Parry

**Canoeing/Kayaking:** Mr T Molnar

**Climbing:** Mrs G E Parry  
Miss H L Hartley

**Ghyll Scrambling:** Mr J R D Morgan  
Mrs T A Gunning

**Hill Walking:  
/Mountaineering** Mrs G E Parry  
Miss H L Hartley

**International:  
Expeditions** Mrs G E Parry  
Miss H Hartley

**Mountain Biking:** Dr E M McGowan  
Mr I D Winterbottom

**Open Water:  
Swimming** Mrs H J Christy  
Mr C Gunning

**Orienteering:** Miss H L Hartley

**Paddle-Boarding:** Mr S W Oliver

**Sailing:** Mr O N M Barnes  
Miss R C Holmes  
Mr R J Parker

## SOCIETIES

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<b>Bracken Society:</b>	Mr R N D Follett
<b>Brantwood Society:</b>	Dr G J Downes
<b>Burke &amp; Hare Society:</b>	Dr A McMeechan
<b>Chemical Curiosities Society:</b>	Miss M van Diepen
<b>Choral Society:</b>	Mr J H Seymour
<b>Classics Society:</b>	Miss R L Hodgson
<b>Collegium Musicum:</b>	Mr C F J Allinson
<b>Debating Society:</b>	Mrs A B Stubbs
<b>Design Society:</b>	Mr S R Arnold
<b>Invisible College:</b>	Mr M J Appleton
<b>Junior Science Club:</b>	Miss R C Holmes
<b>Keynes and Hayek Society:</b>	Mr T M Robinson
<b>Phileas Fogg Philosophy Society:</b>	Mrs M V Duckham
<b>Phoenix Society (Middle School):</b>	Miss R L Hodgson

## MISCELLANEOUS

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<b>Archives:</b>		Mrs K de la Rivière
<b>Arden Lecture Theatre Facilities:</b>		Mrs C J Want Mr A Lyon
<b>Brown Book:</b>		Mrs O A Malpass
<b>Calendar:</b>		Mr C D Gunning
<b>Chapel Choir:</b>		Mr J H Seymour
<b>Chapel Committee:</b>		Revd P L Sweeting
<b>Chapel Warden:</b>		Mr D F Smith
<b>Conservation:</b>	<i>Bruce Loch &amp; Akay Wood</i>	Dr A McMeechan Dr A D P Worgan
<b>Curriculum Manager:</b>		Mrs C S Hall
<b>EcoSedbergh:</b>		Dr A D P Worgan
<b>Grounds:</b>		Mr M South
<b>IT:</b>		Mr M L McVoy
<b>International Transport Manager:</b>		Mr M Wenlock
<b>Invigilation:</b>		Dr A D P Worgan
<b>Leavers' Ball:</b>		Mr C D Gunning
<b>Lesson Cover:</b>		Miss S Lefrak
<b>Music Examinations:</b>		Mr C J F Allinson
<b>O.S. Liaison:</b>		Mr B P Collins
<b>O.S. Club:</b>	<i>President</i> <i>Chairman</i> <i>Treasurer</i> <i>Secretary</i>	Brig D A K Biggart, OBE Mr J C van der Velde Mr N Barker Mr B P Collins

## MISCELLANEOUS

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<b>Pheasant Shoot:</b>	Mr S R Arnold
<b>Powell Hall Seating:</b>	Mr C D Gunning
<b>Public Examinations:</b>	Dr A D P Worgan Mrs L J Elliston
<b>Scholarships:</b>	Mrs J E C Hurst
<b>School Examinations:</b>	Dr A D P Worgan
<b>School Orchestra:</b>	Mr C F J Allinson
<b>Sedberghian Magazine:</b>	Mrs M V Duckham Mrs A L Killgren
<b>Sedberghian Photography:</b>	Mr S J Cooling
<b>Sixth Form Lectures:</b>	Mr D I Lewis
<b>Social Programme:</b>	Mrs H J Christy
<b>Speech Day &amp; Prizegiving:</b>	Mr C D Gunning
<b>TGI Thursday:</b>	Revd P L Sweeting
<b>Voluntary Service:</b>	Mrs P J F Prall
<b>Wilson Run:</b>	Mr R S Wells

## OTHER APPOINTMENTS

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<b>Association Football:</b>	<i>Boys Captain</i> <i>Girls Captain</i>	TBC TBC
<b>Athletics:</b>	<i>Captain</i>	J A A Appiah-Metcalf (L)
<b>Basketball:</b>	<i>Captain</i>	J J Mulligan (P)
<b>Big Band:</b>	<i>Leader</i>	J T Fall (SH)
<b>Burke &amp; Hare Club:</b>	<i>Secretaries</i>	B Rucker (W) M E Mora (SH)
<b>Chapel:</b>	<i>Sacristan</i>	J T Fall (SH)
<b>Choir:</b>	<i>Head of Choir</i> <i>Deputy Head of Choir</i> <i>Head Chorister</i>	D W Murigah(L)  J A DeGroote (H)
<b>Classics Society</b>	<i>Chairs</i>	J A A Appiah-Metcalf (L) O J Kay-Shuttleworth (C)
<b>Collegium Musicum:</b>		F R Seymour (L)
<b>Cricket:</b>	<i>Boys' Captain</i> <i>Girls' Captain</i>	H W Hopkins (E) M Gaur (C)
<b>Equestrian:</b>	<i>Captain</i>	A E Roué (R)
<b>Debating:</b>	<i>Chairs</i> <i>Chairs</i>	J O G Harrington (P) H C Francis (C)
<b>Fives:</b>	<i>Captain</i>	O Griffin (H)
<b>Football:</b>	<i>Captain</i> <i>Vice-Captain</i> <i>Vice-Captain</i>	TBC TBC TBC
<b>Golf:</b>	<i>Captain</i>	A M Kelleher (R)
<b>Hockey:</b>	<i>Boys' Captain</i> <i>Girls' Captain</i>	T J Newman (S) P C Lindsay (L)



## OTHER APPOINTMENTS

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<b>Netball:</b>	<i>Captain</i>	H K E Follet (R)
<b>Phoenix Society:</b>	<i>Chairs</i>	I Aguilera Comin (E) H S Khan (L)
<b>Rounders:</b>	<i>Captain</i>	T Z Mathias (L)
<b>Running:</b>	<i>Boys' Captain</i> <i>Girls' Captain</i>	D Dean (S) I S Barley (R)
<b>Sailing:</b>	<i>Captain</i>	J O G Harrington (P)
<b>The School of Athens:</b>	<i>Chairs</i>	J A A Appiah-Metcalf (L) O A N Ohiwerei (C)
<b>School Orchestra:</b>	<i>Leader</i>	S R Pringle (L)
<b>Shooting:</b>	<i>Captain Fullbore</i> <i>Captain Smallbore</i> <i>Club Adjutant</i>	O E C Ross (R) T A Peters (C) S Dudler (C)
<b>Shooting Syndicate:</b>	<i>Captain</i> <i>Secretary</i> <i>Head Keeper</i>	W L M Green (P) H T R Marshall (SH) S Z Waiter-Westgarth (SH)
<b>Squash:</b>	<i>Captain</i>	O E J Henderson (H)
<b>Swimming:</b>	<i>Captain</i>	D M McLellan (R)
<b>Tennis:</b>	<i>Boys' Captain</i> <i>Girls' Captain</i>	W L M Green (P) H K C Mason (L)
<b>TGI Thursday:</b>	<i>Secretary</i> <i>Secretary</i> <i>Secretary</i>	W R Croft (S) H C Francis (C) P L Palmer (E)

# SCHOOL RULES

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In any community there are 'unwritten rules' which are reasonable and well known. Moreover, in areas where there is no rule, good sense should prevail. This enables the number of written rules to be minimised. Deliberate attempts to avoid rules, or to stretch them, can only result in further restrictions. Trust is of paramount importance.

Specific details pertaining to other areas of School life are published in Houses and are available from your son's or daughter's Housemaster/Mistress.

Participation in a School community does not place the individual beyond the Law of the Land. Therefore, in all circumstances, the Law of the land must be observed.

## 1. Attendance

- (a) Absence from school for medical, dental and routine appointments should be avoided in term time, but where unavoidable, requests should be made to Housemasters or Housemistresses. It is expected that all pupils will remain in School for the duration of each term and in line with published term dates; any requests for absence during term time should be made in writing to the Senior Deputy Head (Pastoral) **seniordeputyheads@sedberghschool.org**
- (b) Pupils may take one Exeat per half term and if doing so, parents must inform Housemasters or Housemistresses before 6pm on that Thursday. Pupil's taking Long Exeats on the published long Exeat weekends, may depart school at 2p.m on Friday. Pupils taking flexible Exeats on other weekends, may depart on Saturday afternoons after their games or activity commitment has finished. Pupils should return from all Exeats by 7pm on Sundays. Exeats remain optional and pupils may choose to remain in School where a programme of activities will be arranged.
- (c) Pupils may visit town and use its facilities during free time only, with the following provisos:
  - (i) Free time is defined as that period outside of timetabled lessons, study periods, games, activities, prep, assembly, and Chapel.
  - (ii) All meals should be attended in house and pupils may only visit town (i.e. shops and take-away food establishments) up to the end of morning break, between 1.20 and 2p.m., and between the end of their afternoon commitments and 5.45 p.m. during the week. In addition, pupils may visit town after tea and until 7p.m. during the week. At weekends, pupils may visit town after 4p.m. and until 7p.m.
  - (iii) Permission is required on each occasion from Housemaster/mistress for visits to any private houses, private grounds, or other private premises.

## SCHOOL RULES

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- (d) Pupils may not go beyond their House yards & gardens after Tea during winter timetable, unless they have specific permission from their Housemaster/mistresses.
- (e) Leaving boarding Houses after the bedtime roll call is forbidden.
- (f) Pupils may visit each other's Houses only at designated times (published on the Boarding House notice boards) and they must sign-in. When House visiting, pupils may not visit each other's bedrooms, dormitories and study rooms and may only meet in the designated Common Room areas, House gardens or yards.

### **2. Alcohol, Tobacco & Drugs**

- (a) The purchase use or possession of smoking or vaping materials is forbidden.
- (b) The purchase use or possession of any unauthorised drugs is forbidden.
- (c) The purchase, consumption, or possession of alcohol by pupils in Years 9-11 is forbidden.
- (d) Pupils in Years 12 and 13 whose parents have returned a signed permission slip may use the Sixth Form bar. For these pupils there will be access to a very limited amount of alcohol carefully controlled by the members of staff on duty. Pupils will routinely be breathalysed before being granted access to alcohol.
- (e) Pupils may visit the public houses of Sedbergh between the hours of 5.30pm and 7.15pm with their parents or guardian and the permission and a red card from their Housemaster/Housemistress. On such visits, pupils must wear School uniform and may not drink alcohol.

Please see the alcohol, tobacco or drugs policy for more details.

### **3. Cars**

- (a) Pupils may not keep or drive motor vehicles in or near Sedbergh. A pupil may drive their parents' car when they are visiting (and provided their parents are in the vehicle), but not around the School campus.
- (b) Permission to use public transport, to be in any private vehicle or to book a taxi must be obtained from the Housemaster/Housemistress.
- (c) Pupils over the age of 17 may undertake driving lessons or tests in free time with their Housemaster's/Housemistress's approval and written consent from their parents or guardian.

### **4. Sexual relationships**

Physical sexual relationships between pupils are not permitted at any time.

# SCHOOL RULES

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## 5. Electronic Devices

- (a) All pupils are expected to have a laptop with a keyboard for classroom-based academic work and evening prep.
- (b) Pupils are responsible for looking after their own electronic devices, keeping them fully charged, carrying and storing them safely.
- (c) Mobile phones are not permitted for classroom-based work or prep. As a general rule, pupils should store and use their mobile phone safely in House.
- (d) Pupils may use their mobile phones in House during their free time, at socials, on School transport to and from fixtures and in an emergency. They may also use their mobile phones if a member of staff asks them to do so.
- (e) Pupils may use their mobile phones in bedrooms, but there must be no recording or photography of any kind.
- (f) Mobile phones are not permitted in classrooms, libraries or study areas, when moving around the School site, crossing the road or in areas where there may be traffic, at mealtimes, during evening prep, or during events such as services, performances, assemblies or meetings.
- (g) Pupils must adhere to House arrangements for the handing in of mobile phones.
- (h) Pupils are expected to use electronic devices, particularly those with online access, safely, responsibly, and respectfully. Any abusive, unkind or unauthorised use of electronic devices or social media is strictly prohibited and subject to serious School sanctions.

## 6. Other

- (a) Pupils may not eat or drink when walking around the School campus or when 'up town'. The immediate consumption of ice-cream is however acceptable.
- (b) Chewing gum is forbidden.
- (c) Short cuts may not be taken across walls, railings, or fences. In no case may anyone walk across prepared grass sports pitches. The Country Courtesy Code should be carefully observed at all times.
- (d) All pupils are obliged to conform to the IT Acceptable Use Policy. All technology is to be used for legitimate purposes only.
- (e) Pupils are forbidden to use or possess any kind of offensive weapon or firework.
- (f) All forms of gambling are forbidden.
- (g) Access to Akay field must always be via a path by School House and through Akay wood. Pupils must not use the Dent Road to access Akay field.

## SCHOOL RULES

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The School's policies on behaviour and discipline, current at the time and published on the School website, apply to all pupils at the School and at all times;

- when the Pupil is in or at School (including when engaged in or remote learning)
- representing the School or wearing School uniform
- travelling to or from School
- on School-organised trips or associated with the School at any time

The policies shall also apply at all times and places in circumstances where failing to apply this policy may affect the health, safety or wellbeing of a member of the School community or a member of the public, have repercussions for the orderly running of the School or bring the School into disrepute.

# UNIFORM RULES

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## Boys' Uniform

### Years 9-11

- Sedbergh Tweed blazer
- School tie
- Plain white formal shirt, long sleeved
- Charcoal grey trousers
- Black belt with subtle buckle
- Black socks
- Black leather lace up shoes
- Plain navy V-necked jumper
- For match days and Sundays: two- or three-piece black suit of a formal cut

### Years 12-13

- Two- or Three-piece suit, classic style, dark grey, black or navy without a checked pattern
- Optional navy blazer and/or classic tweed jacket of muted tones
- Black, navy or charcoal grey trousers of classic style (no chinos)
- School tie (or county, regional or international representative tie)
- Plain white shirt or pale coloured shirt of classic style; long-sleeved and without heavy patterns
- Black belt with subtle buckle
- Black socks
- Black leather lace up shoes
- Optional plain single coloured V-necked jumper

### Other

- All pupils to wear white shirts in Chapel and on special occasions
- School regulation games kit must be worn for all games and activities
- Home clothes may only be worn inside boarding houses or after tea on Saturdays and after Chapel on Sundays
- School and House hoodies may be worn with regulation games kit after tea during the week
- Coats should be black, classic in style and at least thigh length
- Jewellery, facial hair, piercings and tattoos are not permitted
- Hair should be natural in colour and of a conservative style that is off the collar and allow sight of both ears

# UNIFORM RULES

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## Girls' Uniform

### Years 9-11

- Sedbergh Tweed blazer
- Plain white shirt, long-sleeved, reverse collar
- Navy kilt (worn on the knee or below)
- Navy tights (minimum 60 denier)
- Black leather shoes; flat heeled and durable (no ballet pumps and no patent leather)
- Navy V-necked jumper

### Years 12-13

- Classic style, dark grey, black or navy two-piece suit (skirts must have a lining and on the knee or below; trousers must be tailored and to the ankle)
- Optional classic tweed jacket of muted tones
- Plain white shirt or pale-coloured shirt of classic style; long sleeved and without heavy patterns
- Navy tights (minimum 60 denier)
- Black leather shoes; flat heeled and durable (no ballet pumps)
- Optional plain single coloured V-necked jumper

### Other

- All pupils to wear white shirts in Chapel and on special occasions
- School regulation games kit must be worn for all games and activities
- Home clothes may only be worn inside boarding houses or after tea on Saturday and after Chapel on Sundays
- House hoodies may be worn with regulation games kit after tea during the week.
- Coats should be black, classic in style and at least thigh length
- Hair must be natural in colour and conservative in style; junior girls must have their hair tied up at all times
- Girls are permitted to wear one pair of matching gold or silver stud earrings. No other jewellery or piercings are permitted
- Make-up is only permitted for Sixth Form girls and must be discreet
- Tattoos are not permitted

## P A R E N T T E A C H E R M E E T I N G S

<b>Term</b>	<b>Week Commencing</b>	<b>Year Group</b>	<b>Topic</b>
Michaelmas Term	Friday 22 September	Year 9	Meet the teacher (in person)
	25 September	Year 9	Online tutor meeting
	25 September	Year 12	Online tutor meeting
	9 October	Year 13	Online tutor meeting
	13 October	Year 11	Options Fair (in person)
	6 November	Year 11	Online subject meeting
	27 November	Year 10	Online tutor meeting
Lent Term	29 January	Year 9	Online subject meeting
	9 February	Year 9	Options Fair (in person)
	19 February	Year 11	Online tutor meetings
	26 February	Year 12	Online subject meeting
	4 March	Year 10	Online subject meeting
	6 May	Year 9	Online subject meeting
Summer Term	19 May	Year 10	Online tutor meeting

## R E P O R T S C H E D U L E

All reports and internal examination results will be published on the Parent Portal.

<b>Term</b>	<b>Date</b>	<b>Topic</b>
Michaelmas Term	Half Term	Tracking grades (all Years)
	End of Term	Tracking Grades (all Years) Tutor Comments (all Years) Subject Comments (all Years) Housemaster/Mistress comments (all Years)
Lent Term	Half Term	Tracking grades (all Years)
	End of Term	Tracking Grades (all Years) Tutor Comments (all Years) Subject Comments (all Years) Headmaster comments (Y11 & Y13)
Summer Term	Half Term	Tracking grades (all Years) Tutor Comments (Y10, Y12) Subject Comments (Y10, 12) Headmaster Comments (Y10, 12)
	End of Term	Tracking Grades (all Years) Tutor Comments (all Years) Subject Comments (all Years) Headmaster Comments (Y9) Housemaster/Mistress comments (all Years)



## REWARDS & SANCTIONS

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### Rewards

Pupils at Sedbergh are rewarded for their good behaviour and academic or extra-curricular endeavour in a variety of ways:

- Teachers may award academic merits for work that illustrates commendable academic effort or attainment.
- Teachers may award service merits for exceptional helpfulness or service to the School.
- Pupils can be awarded Sedbergh Certificate points for extra-curricular academic endeavour
- The award of merits is announced daily in Houses at evening roll call.
- Colours for academic, sporting and cultural activities are awarded throughout the school year
- Average effort grades from school reports are published after each report cycle and those pupils with the best effort grades are widely acknowledged throughout the school.
- Throughout each week, Houses acknowledge all manner of successes in full House meetings.

### Higher Rewards

- Following the publication of each report and assessment period, achievement and endeavour are both acknowledged and rewarded in assemblies
- At the start of the Lent and Michaelmas Terms, Heads of Year forward names to the Deputy Head Academic of the most deserving pupils from that cycle. These pupils are invited to a commendation lunch in Queen's Hall with the Headmaster and Senior Staff
- In full School assembly every Monday, the Headmaster will reward individual pupils and groups or teams for their achievements, by ensuring they have the School's recognition and applause.

### Sanctions

Sanctions are explained to all new staff and pupils with the intention that they are applied consistently and transparently. In all instances an attempt is made to understand why pupils behave in certain ways and appropriate support is offered to anyone affected by poor behaviour. Tutors, Housemasters and Housemistresses will endeavour to guide pupils to strive for the highest standards of behaviour and thus avoid sanctions wherever possible.

## REWARDS & SANCTIONS

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Teachers may raise an academic concern for poor or incomplete prep, or if a pupil is struggling to some degree in class. These carry no sanction but are simply to raise awareness of the issue.

A culpable failure to complete prep, the repeated submission of poor prep or a culpable failure to prepare for a test, will result in the pupil being placed in a morning academic detention. These detentions take place from 7.30am to 8.00am in room 27 and are staffed by senior members of staff. Pupils who fail to attend academic detention a second time and without a valid reason will be placed in the next Saturday night Detention.

Pupils who are recorded as late to lessons and have no valid reason, will be asked to present themselves to the member of staff in charge of Academic Detention the following morning at 7.30am. They will then be allowed to return to Houses. If they forget, they will be placed in Academic Detention for the following morning.

For poor appearance, improper behaviour or for being ill-equipped to learn (amongst other things, please see the table below), pupils may receive endorsements from their teachers

Any sanctions are discussed daily at evening roll call.

Behaviour Concern*	With HSM	2	4	8
Failure to bring correct equipment		Repeated failure to bring correct equipment		
		Non-regulation appearance / uniform	Persistent non-regulation appearance / uniform	
		Low level disobedience / disruption	Persistent disobedience / disruption	Serious disobedience / disruption Dangerous behaviour
		Chewing gum	Persistent / repeated use of chewing gum	Vaping / smoking / breaches of alcohol rules
	Misuse of a mobile device (HSM to confiscate for 48hrs)		Persistent misuse of a mobile device	Serious misuse of a mobile device including deception by handing in a fake phone
			Truancy from games, activities, extra lessons, ASPs	Truancy from lessons / Chapel
			Unacceptable interactions with peers	Serious unacceptable interactions with peers

\*These are recorded, but do not contribute to accumulations of endorsements

## REWARDS & SANCTIONS

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### Head of Year Support / Report

If a pupil reaches four endorsements, or is exhibiting persistent academic issues (e.g. multiple academic concerns / detentions), their Head of Year will request the pupil attends a Head of Year Support Session, and may then intervene by placing a pupil on a weekly report. This will require pupils to present their report to their teachers and activity leaders to be signed with reference to the issues outlined on the report. It will also be signed daily by the tutor on duty in House at rollcall. Heads of Year will then meet with pupils at the end of the week to discuss progress.

### Head of Year Detention

If a pupil receives 4 sets of 2 endorsements, they will be placed in a Head of Year Detention, a period of silent supervised study from 4.30pm-5.30pm on a Thursday afternoon.

### Higher Sanctions

Any serious breach of the School Rules, which may include incidents such as bullying, serious misuse of social media, or bringing or consuming spirits/alcohol in school, is likely to result in suspension from School as a minimum sanction. Similarly, any pupil found to be vaping may be asked to take a drugs tests and repeat offenders, or those who supply vaping equipment, are likely to be suspended from School. Please see relevant policies for further details.

If issues are serious or a pupil receives 2 sets of 4 or a single set of 8 endorsements, a member of SMT may also wish to discuss these incidents with the pupils. In such circumstances, the member of SMT will consistently apply sanctions (i) or (ii) from the following list, or recommend sanctions (iii) to (v) to the Headmaster.

- (i) Saturday night detention  
Supervised silent study in uniform from 7.30pm until 9pm (years 9 & 10) or 7.30pm until 10pm (years 11-13).
- (ii) Senior Deputy Head's gating  
Daily meetings with the Deputy Head whilst also House gated.
- (iii) Headmaster's gating  
Daily meetings with the Deputy Head whilst suspended from all activities bar lessons and Chapel.
- (iv) Suspension  
Temporary removal from School.
- (v) Exclusion  
Permanent removal from School.

## REWARDS & SANCTIONS

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Housemasters and Housemistresses will inform parents of the incidence and reasons for the level (i) or (ii) sanctions above.

The Headmaster's office will inform parents of the incidence and reasons for level (iii) sanctions or above as soon as is reasonably possible.

### **Other**

Housemasters/mistresses or members of SMT may decide to House gate a pupil for a defined period.

On the rare occasion when a pupil's behaviour has not been acceptable a contract might be drawn up between the pupil, parents and the School.

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## PRESENTATION OF WORK

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### **Written Work**

1. Written work should be in black or blue ink.
2. Biro's should not be used - fountain pens and roller balls are acceptable.
3. Liquid paper or 'tippex' should not be used.
4. Errors should be crossed out with a single, ruled line.
5. Each piece of work should be named on the top right, dated on the top left and have a heading in the centre. Each of these should be underlined with a ruler e.g.,

13th September 2023

J Smith (SH)

Romeo and Juliet

6. A space of one line should be left between the title and the text.
7. Text should generally start from the margin and both sides of the paper should be used.
8. Where appropriate, pages should be numbered.

### **Word-Processed Work**

1. There should be no spaces before any punctuation marks and one space after them.
2. There should be no space after an open bracket or before a close bracket ie, (text.....text).
3. All documents should be spell-checked thoughtfully.
4. In general no more than two fonts should be used although different sizes of fonts with use of italics and bold characters may improve presentation.
5. All sources should be acknowledged, including the use of AI, following the School policy guidelines.
6. Typed work should be printed in advance of the deadline for submission if requested.

**All work should be re-read and checked before submission.**

## ELECTRONIC MEDIA

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Our comprehensive Pupil Management System contains a feature called 'Parent Portal' through which you can access a growing range of information about your child's progress in the School. The Parent Portal provides access to school reports, exam results, timetables, and a great deal more. You can navigate to the Parent Portal by typing the School's website address into the address bar within your browser and navigating to the parent portal using the login button at the top of the page. Alternatively, you may use the following address also <https://sedberghschool.org/login>

In order to access the parent portal you need to be a registered user. As a new parent to the school, you will receive your registration details automatically via email. In the event that these are not received then please contact the IT Helpdesk, ([ithelpdesk@sedberghschool.org](mailto:ithelpdesk@sedberghschool.org)), who will be able to send you the necessary information. After the registration process is complete you will be able to login to the portal and access information about your child. Once you have logged on the first time, you will be asked to enter a password. Please choose something that is memorable, that does not contain your date of birth, your child's name or your address. You will be asked to give a security question and answer, just in case you forget your password.

### **iSAMS APP (Android & IOS)**

There is also a mobile phone/tablet app for both iPhone and Android for parents which will enable you to access most of the information contained in the School's **Parent Portal**. When you have downloaded the app it will ask you for a school code which is **SEDB**. You can then login using your **Username** and **Password** which you created during the registration process.

Pupils also have their own Pupil Portal website and phone app. This provides them with access to their timetables, school calendar, examination entries and results. Pupils should login with their usual school email and password. Further pupil app functionality will follow.

We do hope that you find this a smooth process and information published to the portal useful and convenient. Should you experience any difficulties please email the IT Helpdesk ([ithelpdesk@sedberghschool.org](mailto:ithelpdesk@sedberghschool.org)).

### **Social Media**

Facebook - <https://www.facebook.com/sedberghschool>

Twitter - <https://twitter.com/SedberghSchool>

For both sites - if you already have an account you can login as usual. If not then you can select Sign Up and create an account. This will enable you to view photos and further information about all the events that take place throughout the school year.

## T E R M D A T E S

### MICHAELMAS 2023

<b>Term begins</b>	<b>Saturday 2 September</b>	
	Yr9 pupils ONLY to arrive at Sedbergh at	<b>16.00</b>
	<b>Sunday 3 September</b>	
	NEW Yr10, 11 and 12 to arrive at Sedbergh at	<b>14.00</b>
	All other pupils	<b>19.00</b>
<b>Long Exeat Opportunity</b>	<b>14.00 Friday 22 – 19.00 Sunday 24 September</b>	
<b>Half Term begins</b>	<b>Friday 13 October</b>	<b>14.00 *</b>
<b>Half Term ends</b>	<b>Sunday 29 October</b>	<b>19.00</b>
<b>Long Exeat Opportunity</b>	<b>14.00 Friday 17 – 19.00 Sunday 19 November</b>	
<b>Term ends</b>	<b>Friday 15 December</b>	<b>14.00</b>

\* Please note there may be sports tours that weekend – details to come from the Sports Department.

### LENT 2024

<b>Term begins</b>	<b>Sunday 7 January</b>	<b>19.00</b>
<b>Long Exeat Opportunity</b>	<b>14.00 Friday 19 – 19.00 Sunday 21 January</b>	
<b>Half Term begins</b>	<b>Friday 9 February</b>	<b>14.00</b>
<b>Half Term ends</b>	<b>Sunday 18 February</b>	<b>19.00</b>
<b>Long Exeat Opportunity</b>	<b>14.00 Friday 1 – 19.00 Sunday 3 March</b>	
<b>Term ends</b>	<b>Friday 22 March</b>	<b>14.00</b>

### SUMMER 2024

<b>Term begins</b>	<b>Sunday 14 April</b>	<b>19.00</b>
<b>Long Exeat Opportunity</b>	<b>14.00 Saturday 4 – 19.00 Monday 6 May</b>	
<b>Half Term begins</b>	<b>Friday 24 May</b>	<b>14.00</b>
<b>Half Term ends</b>	<b>Sunday 2 June</b>	<b>19.00</b>
<b>Term ends</b>	<b>Saturday 29 June [Speech Day]</b>	<b>17.00</b>
	Although Yrs11 and 13 may leave after their final public examination, provided they have no other School commitments, Yr13 will be expected to attend Speech Day on Saturday 1 July.	

# WHAT TO DO IF YOU HAVE A WORRY OR COMPLAINT

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## INTRODUCTION

Here at Sedbergh School, we want everyone to feel part of a safe and happy community. From time to time, you may be worried or upset about something. This section tells you about various people available to help you, so that you can choose someone you feel you can trust. The experience of pupils in this and other schools is that, no matter how bad the problem may seem to be, it is almost always a great help to talk about it.

## UPSETTING EVENTS

Here are some examples of the kinds of thing which are upsetting and which we want to encourage you to talk to someone about:

- You are having difficulty with one or more of your school subjects.
- You think you may be ill and are too afraid or embarrassed to tell anyone.
- You feel upset, or that life is not worth living.
- You or your friends are being bullied or treated unkindly by another pupil.
- You think that another pupil is not eating properly, or may be harming him/herself.
- You are worried, angry or hurt about something happening at home.
- You think that another pupil has done, or is about to do, something seriously wrong or dangerous.
- You are caught in a serious situation that you don't know how to deal with, for example being involved with drugs, alcohol, money or sex.
- You feel you are being treated unfairly simply because you are a girl/boy, or because of your ethnicity or faith, or because you have a disability or learning difficulty, or because of your sexuality.
- You feel that a member of staff has treated you unfairly, for example in a punishment given, or in favouring other pupils.
- You feel that you are not given enough privacy or independence.

## WHAT TO DO IF YOU HAVE A WORRY OR COMPLAINT

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### WHAT YOU SHOULD DO

If any of these things are happening, please talk to someone about it, even if you feel you can handle the situation. It may be that what's going on affects other people at School, or that you are unaware of all the different ways a problem can be tackled.

There are a number of different people who will be very happy to talk to you and to help you try to find a solution to the problem. It may help to talk first with another pupil who is a trusted friend. However, sometimes you may also need the help and support of an adult or professional. Choose whoever you feel most comfortable and safe talking to:

- **Your Tutor, Housemaster/mistress, School Nurse, School Doctor, Chaplain, Assistant Chaplain, Designated Safeguarding Lead, Headmaster, Matron, or any member of staff you feel comfortable talking to.**

We would expect one of these to be the first person you speak to if you have a **complaint** about the School or a member of staff, as it is normally the quickest and most effective way to get to the heart of the problem and resolve it.

### CONFIDENTIALITY

The School understands that you may wish to talk about a problem only if it is kept secret. Secrecy will not be possible but we guarantee confidentiality. This means that the person you talk to will not discuss the issue with anyone if they don't need to. If they do have to discuss it with someone, they will only discuss it with that individual.

Important points:

- The Headmaster is required by the Governors to make sure he is aware of all issues affecting the safety and welfare of pupils at the School. This means that the Headmaster will need to be kept informed by School staff of the broad nature (but not usually the details) of any serious health, safety or welfare issue of which they are aware. If your problem or complaint involves the Headmaster, then one of the Governors or the Principal will be informed instead.



## WHAT TO DO IF YOU HAVE A WORRY OR COMPLAINT

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- The School has a legal duty to keep your parents/guardians informed about your welfare and progress at school. However, if you do not wish them to be informed, please say so, so that the options can be discussed with you.

Please share your concerns and complaints, especially when you are worried or upset. Most pupils who find the courage to speak up, say afterwards that it helped them enormously and that the problem did not seem quite as bad once they had a chance to talk it through with someone experienced and helpful.

### **Medical contacts**

Emergency	999
Sedbergh Medical Centre	01539 718191
Sedbergh School Nurse Mobile	07799 696897

### **General**

Emergency (Fire, Police, Ambulance, Mountain Rescue)	999
Kendal Police	101 (Follow voice instructions)

### **Child Protection/ Safeguarding Guidance**

Designated Safeguarding Lead – Dr J Burns	07857 500268
Deputy Safeguarding Lead – Mr Colin Gunning	07980 304041
Counter Bullying Officers – Mrs Philippa Prall & Miss Rachel Hodgson	07967 873932 07786 321631
The Chaplain – Rev Sweeting	015396 22012
Independent Listener – Becca Gilbert (she is available if you wish to talk to someone who is not a member of staff)	07527 728256
Childline	08001111
The Children’s Commissioner	020 7783 8330

# COMPLAINTS PROCEDURE

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## COMPLAINTS

Sometimes you may wish to complain about something that is worrying you. The first thing to do is to speak to a member of staff you trust. You can take a friend or other member of staff with you if you wish. If the matter cannot be settled to your satisfaction you can make a FORMAL COMPLAINT. You can do this by:

- Writing to or telling your Housemaster/mistress or the Deputy Heads that you wish to make a formal complaint.

A written record of your complaint will be made. You will then be invited to talk the matter through with either your Housemaster/mistress or the Deputy Heads (and you may have a friend or a trusted member of staff with you). If the matter is not satisfactorily sorted out you should go to the Headmaster.

YOU DO NOT HAVE TO INFORM STAFF OR ANYONE ELSE THAT YOU ARE COMPLAINING ABOUT THEM.

# WHAT TO DO ABOUT BULLYING: ADVICE FOR PUPILS

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## Principles

- The Headmaster, staff and pupils of Sedbergh School agree that we will not tolerate any form of bullying, either direct or through the use of electronic media.
- Everyone who is part of the Sedbergh School community has a responsibility for one another.
- Pupils who are aware of bullying taking place but who choose not to report it, will be considered associates of the bully.
- Our priority is to prevent bullying, rather than just punish it. It should be recognised, however, that bullying is a major offence and may be punished by Suspension or, ultimately, Expulsion.

## The Definition

Bullying is behaviour that is likely, but not necessarily, repeated over time and intentionally hurts another pupil or group physically or emotionally and is often motivated by prejudice against particular groups, for example, on grounds of race, religion, culture, sex, gender, homophobia, special educational needs and disability, or because a child is adopted or is a carer - it may occur directly or through cyber-technology (social websites, mobile 'phones, text messages, photographs and email); Bullying was once used to refer only to physical violence by one person towards another. The widely accepted definition has now been extended to include the following:

Bullying includes (but is not limited to) the following:

1. **Physical:** being punched, pushed or hurt; made to give up money or belongings; having property, clothes or belongings damaged; being forced to do something they don't want to.
2. **Emotional: tends to be more verbal.** Having nasty stories/rumours told about them; excluding other people, particularly from groups, tormenting, ridicule, humiliation, taunting; name-calling; sarcasm; writing graffiti about another person.
3. **Cyber-bullying:** any of the above sent via mobile 'phones (text messages, calls) and computers (e-mails, websites, chat rooms); sexting

## WHAT TO DO ABOUT BULLYING: ADVICE FOR PUPILS

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### Your action

- **When someone else is being bullied or is in distress, report it! Watching and doing nothing associates you with the bully. This is especially the case in cases of cyber-bullying. Even if you are a bystander, or if you belong to an on-line group such as snapchat or WhatsApp, YOU also become a bully.**
- At best, tell the bully s/he is 'out of order'.
- At the very least, walk away to express your disapproval of bullying and then tell the Counter-Bullying Officer or another member of staff.
- Do not tolerate a bully in your circle of friends. Bullying is more likely to exist if you remain silent.
- Always treat others as you would like to be treated yourself. Remember that calling someone names, or incessant teasing, *is* bullying. Do not become a bully yourself.

## SCHOOL CHAPEL

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### **Chapel**

The Senior School benefits from a beautiful Chapel where the School shares in weekly Christian services led by the Chaplain or Principal. The services are led in such a way as to enable all to take time to worship if they wish, or simply to use the time for meditation or reflection and to think about important issues of life and the wider world. In this way the Christian ethos of the School is at the centre of weekly life, while allowing room for all to benefit from the opportunity of collective worship and reflection.

### **Chaplaincy Team**

The Chaplaincy Team at Sedbergh School is led by The Chaplain, The Revd Paul Sweeting. The Assistant Chaplains are Mrs Philippa Prall (Senior School) and Mr Dick Gorst (Prep School). All of the Chaplains are very willing to talk about a pastoral matter or to provide guidance and encouragement in Christian faith.

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## BOARDING PRINCIPLES

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Sedbergh's pastoral care and belief in timeless values creates an unrivalled provision for boarding. As a truly full boarding school, Sedbergh prides itself on the lifelong relationships and friendships forged within the boarding houses. Pupils are afforded the opportunities to develop ambitions, resilience, tolerance and community living in a house supported by House Staff who recognise and celebrate achievement. Sedbergh's boarding believes in the development of discipline within a modern framework of concern for others with a focus on the Christian values of compassion and humility.

Sedbergh's houses maintain the heritage of the school and allow Sedberghians to feel part of a greater picture of history; they live and work in a house safe in the knowledge that thousands of Sedberghians have passed before them with the same values, ethos and understanding of the beauty of the landscape in which they are situated. The unique house dining structure allows for the development of family culture within the wider school structure. Pupils are challenged, removed from their comfort zones and supported as they venture into activities, new academic spheres and new ambitions. Sedbergh's boarding provision makes pupils brave enough to challenge themselves.

## HOUSES

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<b>Carus:</b>	<i>Housemistress</i>	Mrs T A Gunning
	<i>Deputy Housemistress</i>	Mrs S E Walker
	<i>Assistant Housemistress</i>	Mrs C Clarke
	<i>Resident House Tutors</i>	Miss M van Diepen
	<i>House Tutors</i>	Miss M H Ascough
		Mrs H E Fletcher
	Mrs C S Hall	
	Mrs J Hurst	
	Mrs A L Killgren	
	Miss J H L Malings	
<b>Evans:</b>	<i>Housemaster</i>	Mr C Swainson
	<i>Deputy Housemaster</i>	Mr O N M Barnes
	<i>Assistant Housemistress</i>	Mrs A Jackson
	<i>Resident House Tutor</i>	Mr J Annett
	<i>House Tutors</i>	Mr D I Lewis
		Mr M Morgan
	Mr R S Wells	
	Dr A D P Worgan	
<b>Hart:</b>	<i>Housemaster</i>	Mr I D Winterbottom
	<i>Deputy Housemaster</i>	Mr A Toward
	<i>Assistant Housemistress</i>	Miss E Morgan
	<i>Resident House Tutor</i>	Mr T Molnar
	<i>House Tutors</i>	Mrs L J Elliston
		Mr P Mather
	Mr R J Parker	
	Mr J H Seymour	
	Mr A Stubbs	

## HOUSES

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**Lupton:**                    *Housemistress*                    Mrs J M Macdonald  
                                 *Deputy Housemistress*                Mrs G J McMullen  
                                 *Assistant Housemistress*                Miss R E Craney  
                                 *Resident House Tutor*                    Miss S Jennings-Adams  
  
                                 *House Tutors*                                Miss L Parker  
                                    Miss R C Holmes  
                                    Miss H L Rowland  
                                    Miss F Zapulla

**Powell:**                    *Housemaster*                                Mr R N D Follett  
                                 *Deputy Housemaster*                    Mr T M Robinson  
                                 *Assistant Housemistress*                Mrs J Hayward  
                                 *Resident House Tutor*                    Mr L J Smith  
  
                                 *House Tutors*                                Mr L E Higham  
                                    Dr A McMeechan  
                                    Mr S Mulholland  
                                    Mr D Seddon-Roberts

**Robertson:**                *Housemistress*                                Mrs H J Christy  
                                 *Deputy Housemistress*                    Mrs G E Parry  
                                 *Assistant Housemistress*                Miss C H Fawdry  
                                 *Resident House Tutors*                    Miss A Jarapal  
  
                                 *House Tutors*                                Miss K C Thompson  
                                    Ms L E Bolton  
                                    Miss H Hartley  
                                    Miss A P Kennedy  
                                    Miss D Mackenzie-Eley  
                                    Dr E M McGowan

## HOUSES

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<b>School:</b>	<i>Housemaster</i>	Mr P J E Coke
	<i>Deputy Housemaster</i>	Miss R Hodgson
	<i>Assistant Housemistress</i>	Miss R L Coulson
	<i>Resident House Tutors</i>	Mr A Hart
		Mr M Perryman
	<i>House Tutors</i>	Mr C F J Allinson
		Mr N K Davey
		Mr D F Smith
<b>Sedgwick:</b>	<i>Housemaster</i>	Mr S W Oliver
	<i>Deputy Housemaster &amp; Assistant Housemaster</i>	Mr S Twyford
	<i>Resident House Tutor</i>	Mr J Milburn
		Mr O Thomas
		Mr R C Davis
	<i>House Tutors</i>	Dr G J Downes
		Mr P C Lucas
		Mrs C M Morgan
<b>Winder:</b>	<i>Housemaster</i>	Mr C P Mahon
	<i>Deputy Housemaster</i>	Mr A J Hurst
	<i>Resident House Tutor</i>	Mr G Roberts
	<i>Assistant Housemistress</i>	Mrs A J Bainbridge
	<i>House Tutors</i>	Mr J E Anyon
		Mr M J Appleton
		Mr S R Arnold
		Mrs M V Duckham
		Miss L R Umaga



## CONTACT DETAILS FOR HOUSES

<b>Postal address</b>	<b>Housemaster/mistress DDI, Mobile &amp; Email</b>	<b>Assistant Housemistress/master</b>
<b>CARUS HOUSE</b> 79-81 Main Street SEDBERGH LA10 5AB	01539 244037 07891 139 465 hsmcarus@sedberghschool.org	07522 230 704 ahsmcarus@ sedberghschool.org
<b>EVANS HOUSE</b> Main Street SEDBERGH LA10 5BT	07857 500 213 hsmevans@sedberghschool.org	07921 427 272 ahsmevans@ sedberghschool.org
<b>HART HOUSE</b> Busk Lane SEDBERGH LA10 5SA	01539 632042 07857 500 239 hsmhart@sedberghschool.org	07936 952 060 ahsmhart@ sedberghschool.org
<b>LUPTON HOUSE</b> Back Lane SEDBERGH LA10 5BY	01539 244038 07857 500 295 hsmlupton@sedberghschool.org	07857 500 203 ahsmlypton@ sedberghschool.org
<b>POWELL HOUSE</b> Loftus Hill SEDBERGH LA10 5RZ	01539 244028 07857 500 249 hsmppowell@sedberghschool.org	07730 526 355 ahsmppowell@ sedberghschool.org
<b>ROBERTSON HOUSE</b> Loftus Hill SEDBERGH LA10 5SQ	01539 244039 07857 500 224 hsmrobertson@sedberghschool.org	07912 213 145 ahsmrobertson@ sedberghschool.org
<b>SCHOOL HOUSE</b> Busk Lane SEDBERGH LA10 5SD	01539 244032 hsmschool@sedberghschool.org	07522 230 702 ahmschool@ sedberghschool.org
<b>SEDGWICK HOUSE</b> Busk Lane SEDBERGH LA10 5HF	01524 279250 07912 270 740 hsmstedgwick@sedberghschool.org	07712 321 218 ahmsstedgwick@ sedberghschool.org
<b>WINDER HOUSE</b> Winder Drive SEDBERGH LA10 5SG	01539 244035 07730 924 752 hsmwinder@sedberghschool.org	07522 230 786 ahsmwinder@ sedberghschool.org

## KEY CONTACT DETAILS

<b>Headmaster's Office</b>	015396 20535 hm@sedberghschool.org
<b>COO's Office</b>	015242 79240 Janet.potter@sedberghschool.org
<b>Senior Deputy Head</b> Mr C D Gunning	015396 20535 gun@sedberghschool.org
<b>Senior Deputy Head (Pastoral)</b> Dr J M Burns	015396 20535 jmb@sedberghschool.org
<b>Deputy Head (Academic)</b> Mrs A B Stubbs	015396 20535 abs@sedberghschool.org
<b>School Office</b>	015396 20535 schoolsecretary@sedberghschool.org
<b>Music School</b>	015242 79224 music@sedberghschool.org
<b>School Medical Centre</b> (08.00-18.00) Out of Hours (Nurse)	01539 718164 07799 696 897
<b>Transport Manager</b> M Wenlock	015242 79279 travelofficer@sedberghschool.org
<b>Foundation Office</b>	015242 79217 foundation@sedberghschool.org

## WINDER

Oh, Eton hath her river,  
And Clifton hath her Down,  
And Winchester her cloisters  
And immemorial town;  
But ours the mountain fastness,  
The deep romantic ghylls,  
Where Clough and Dee and Rawthey  
Come singing from the hills.

*For it isn't our ancient lineage,  
There are others as old as we;  
And it isn't our pious founders;  
Though we honour their memory;  
'Tis the hills that have stood around us,  
Unchanged since our days began;  
It is Cautley, Calf and Winder,  
That make the Sedbergh man.*

Not ours the crowded highway  
The dust, the heat, the glare;  
We see a vaster prospect,  
We breathe a larger air;  
We watch the heather redden,  
We hear the curlew cry,  
About us is the moorland,  
Above the windswept sky.

*For it isn't .....*

So when in days hereafter  
In tamer lands you dwell,  
Or in some fevered city  
Far off from beck and fell,  
As boyhood's days grow dimmer,  
The memory will not die  
Of Winder's clear-cut outline  
Against an evening sky.

*For it isn't ....*

F.B. Malim

A.W. Ogilvy

## THE LONG RUN

At Olympia, far away,  
In the boyhood of the world,  
There were glorious games, they say:  
Discs were thrown and spears were hurled.  
Came the athletes strong and stately,  
Leapt and ran and wrestled greatly,  
While a nation stood and wondered.  
And a shout to heav'n was thundered:  
*Strain and struggle, might and main;  
Scorn defeat and laugh at pain,  
Never shall you strive in vain  
In the Long Run.*

Sedbergh in the hardy north,  
She her runners too can show;  
Sends her fleet Athenians forth –  
Trains her Spartans in the snow!  
Herald March the blast is sounding –  
Rugged hills the course surrounding –  
Don your jerseys, make you ready,  
Up and off, lads, swift and steady!  
*Strain and struggle, etc.*

Not so fiercely as at first,  
Toiling on to Cautley Bridge;  
Down the hillside with a burst;  
On to Baugh Fell, up the ridge;  
Plunging through the tangled heather  
Garsdale finds ye less together:  
Panting breast and straining sinew –  
Set your teeth, lads, show what's in you.  
*Strain and struggle, etc.*

At Olympia, far away,  
When the victor wore the crown,  
Breathing marble, burning lay  
Made immortal his renown.  
What though Fate hath giv'n to Winder  
No Praxiteles or Pindar,  
Yet her sons, who bravely bear them,  
Sedbergh in her heart shall wear them!  
*Strain and struggle, etc.*